Handout

Circles of Sexuality

SENSUALITY

Awareness, acceptance of and comfort with one's own body; physiological and psychological enjoyment of one's own body and the bodies of others

SEXUALIZATION The use of sexuality to influence, control or manipulate others. INTIMACY The ability and need to experience emotional closeness to another human being and have it returned.

SEXUAL HEALTH AND REPRODUCTION

Attitudes and behaviors related to producing children, care and maintenance of the sex and reproductive organs, and health consequences of sexual behavior.

SEXUAL IDENTITY

The development of a sense of who one is sexually, including a sense of maleness and femaleness.